Adding to the Behavior Toolbox

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This series of articles has focused on the positive behavior support model of dealing with challenging behaviors in children. Approaching behavior through this process requires that we shift from the traditional focus of “just stopping” the behavior to the more positive, proactive focus of understanding what a child is trying to communicate through the behavior and how we can make changes to foster more appropriate communication.

The Center for Leadership in Disability at Georgia State University has created a new website, www.positivebehaviorvideos.org, to help us make that shift. The website was created for teachers, child care providers, and parents, and includes

- Videos that describe the positive behavior support process
- A positive behavior support planning tool
- Interventions for dealing with challenging behaviors

Brief videos are available through www.positivebehaviorvideos.org that describe the process of positive behavior support. These videos include topics such as

1. General behavior strategies -- using routines/rituals, strategies for improving communication in the home and at school, techniques for staying on-task and getting/keeping a child’s attention
2. Purpose of behavior assessment -- understanding what a child is communicating through behavior, preventing behavior from occurring, replacing challenging behavior with new behavior
3. Completing a behavior assessment -- defining the behavior, identifying behavior triggers, responding to behavior, identifying the purpose of behavior
4. Developing behavior plans -- parts of the behavior plan, strategies to prevent behavior, replacement behaviors
5. Strategies based on the purpose of behavior -- “I want attention!” “I want to avoid that!” “I want that!” “This feels good/I like this!”
6. Legal rights of children - When is a behavior plan legally required at school?
7. Working with the school on behavior -- parent tips for IEP meetings, teacher tips for IEP meetings

Each video is followed by specific examples and strategies that can be used in home, school, or community settings.

The www.positivebehaviorvideos.org website also includes a tool that makes the positive behavior support process easy for everyone to use. Created by Dr. Daniel Crimmins, the Brief Behavior Questionnaire and Intervention Plan (BBQuIP) provides a series of questions to help users determine what a child is trying to communicate through his or her actions and behaviors. The BBQuIP focuses on the child’s strengths and provides a framework for teaching new skills. After completing the BBQuIP, users are provided with a comprehensive behavior plan specific to the needs of his/her student or child.
By creating a username and password, you may return to the site as frequently as you need to access previously completed BBQuiPs or to address new or changing behavior concerns. This website is free and available for all to use.

The website also includes links to additional information about positive behavior support, as well as a glossary of technical terms.

Visit the website at www.positivebehaviorvideos.org.

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